



## Information for Care Leavers – Finding a Dentist and making appointments

**The Dental helpline** can tell you what dentists are available in your area. It has information on dentists in West, Central and East Cheshire.

Ring them on : 01270 275 678 or 0800 328 9865, Monday to Friday 8.30am – 4.30pm.

**Emergency appointments:** The helpline makes sure you can be seen on the same day in an emergency and if an appointment is needed.

**What if the practice you have chosen is full:** In Cheshire West and Chester there are practices that are guaranteed to offer you an appointment. The helpline has a list of the practices, so give them a call and they will be able to give you the telephone number.



**Transferring practices:** You or your carer can contact any dental practice directly to get a service. You don't register with the dentist like you do at the GP practice so you can move between practices if you want to, but it is good to get to know your dentist.

**New to area patients:** If you are new to the area the helpline will provide you with a list of open NHS practices with the contact details so that you can phone them or just drop in.

**You will find information about dental services in your 'Me and My Health Guide' (Personal Health section) and at NHS Choices [www.nhs.uk](http://www.nhs.uk)**



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